



New Jersey Association of Centers for Independent Living
It's All About Work

A Program Designed for Adults with Disabilities

Adult Course Offering

Planning for Employment in Adult Life

This course is designed to assist adults with disabilities in identifying their life goals, particularly work-related, and to plan for them. The assessments/tests/activities used will be determined by Centers for Independent Living (CIL) program staff, based on the situations and individual needs of the participants. This is a ten session course that will be provided at the Centers for Independent Living or other community based site. Services are available to eligible individuals as approved by the Division of Vocational Rehabilitation Services.

Course Components include:

- 1) *Interests/Aptitudes/Learning Style Inventories*
 - Identify strengths and personal qualities

- 2) *Introduction to the World of Work*
 - Career Exploration,
 - Understanding employer expectations
 - Conducting a job search – developing leads, creating a resume, handling interviews, completing applications
 - Steps in Vocational Planning
 - Assistive Technology to Support Employment & Independence

- 3) *Overview of Independent Living Skills*
 - Disability Awareness and Advocacy
 - Living Independently in the Community
 - Systems Supports, Including for Employment

Deliverables: *Assessment results, written reports from session Facilitators and Work Readiness Supervisors to assist with referral/linkages to VR services and the development of an Individual Plan for Employment.*

For more information please contact:



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