



**New Jersey Association of Centers for Independent Living**  
**It's All About Work**

**Transition to Adult Life for High School Students with Disabilities**

***High School Course Offerings***

**Course 1: Planning For Adult Life: An Introductory Course For High School Students with Disabilities (Ages 14 and Up)\***

This introductory course is designed to assist transition-aged students in beginning to identify their future goals and planning for life after school. This is an eight session course to be provided at the school/district with a maximum of 12 participants. Cost: \$1200.00

**Course Components include:**

- 1) *Student Self Discovery : Identifying strengths, abilities and learning styles*
- 2) *Introduction to the Transition Planning Process: Beginning to identify post-secondary goals*
- 3) *Career Exploration: Beginning to research and explore the World of Work*
- 4) *Understanding the Importance of Interpersonal and Social Skills*

**Deliverables:** *Each student will develop a Strength-Based Student Transition Profile. Referral to VR services as applicable.*

**Course 2: Planning for Adult Life for High School Students with Disabilities (Ages 16 and Up)\***

This course is designed to assist transition aged students in identifying career preferences related to interests and abilities. Students will explore the world of work through a series of hands-on and interactive school based activities. Participants will also learn about the adult service system and skills needed for independent living. This is a ten session course to be provided at the school/district with a maximum of 12 participants. Cost: \$1500.00

**Course Components include:**

- 1) *Interests/Aptitudes/Learning Style Profiles and Inventories*
- 2) *The World of Work: Career Exploration, Identification of Career Preferences, Conducting a job search, Dressing for Success, Understanding employer expectations*
- 3) *Continuing Education Post High School: How to research options and explore opportunities*
- 4) *Independent Living Skills: Self-Advocacy, Community Living, Systems of Support*
- 5) *Goal Planning for Transition to Adult Life: IEP Development*

**Deliverables:** *Each student will develop a Strength-Based Student Transition Profile. Referral to VR services as applicable.*

**\*Both courses include a complimentary 2 hour evening workshop for Families on the Transition Planning Process.**

**For more information please contact:**



**DAWN Center for Independent Living**  
**Main Office: 973-625-1940 ▪ TDD: 973-625-1932 ▪ Fax: 973-625-1942**  
**Email: [info@dawncil.org](mailto:info@dawncil.org) ▪ Website: <http://dawncil.org>**