



*"Tell me and I forget. Teach me
and I remember.
Involve me and I learn."
-- Benjamin Franklin*

Interactive Enhanced Life Skills

For Individuals who wish to continue to grow

Hosted by DAWN Center for Independent Living

66 Ford Road, Suite 121, Denville, NJ 07834

(Reserve your spot today by calling 973-625-1940)

Held on the 4th Tuesday of the month

6-7:30 P.M.



Topics:

Ticket to Work-March 22, 2016

Understanding Budgets/Online Banking-

May 24, 2016

Self Assertiveness -June 21, 2016

Self-Advocacy-July 26, 2016

Healthy Relations-August 23, 2016

Co-dependency-September 27, 2016



Computer Lab (limited seating—call now!)

3rd Wednesday of the Month

1-2:30 p.m.

Basic online employment searches, résumé writing



Special Event: Understanding Emotion

Saturday April 16, 2016

2-5:30 p.m.