FYI

*Picnic in the park,*

If you are driving to Loantaka Brook Park and not taking transportation, we can give you directions when you call to confirm you will be attending. Also, although there are benches in the park, for your own comfort you may want to bring along a chair or blanket to sit and relax on.

**Project Self-Sufficiency**

Project Self-Sufficiency is once again holding seminars, groups and workshops. To register call PSS at (973) 383-5129 or complete attached form. The Project Self-sufficiency Summer 2000 Seminars & Events Schedule, the Hillside Park Picnic Registration Form, and the Sussex County Farm & Horse Show volunteer registration form are attached.

**Disability Focus Group**

Upcoming Disability Focus Groups Berkeley Policy Associates (BPA) is a high quality research and consulting firm located in Oakland, California. For the past two decades, BPA staff has informed policies and programs for persons with disabilities. They draw on a combination of rigorous information gathering and analysis, in-depth substantive knowledge on service systems, and the perspectives of those who experience these systems on a daily basis. (They are also online at: [http://www.bpacal.com](http://www.bpacal.com))

**Companion desired**

A young woman, 24 years old with retinitis pigmentosa, seeks a companion 1 - 2 days a week for 1 - 2 hours a day at her home in Rockaway. Preferably female. Small stipend. Interested?? Please call the DAWN office 361-5666.

**Summerfest Concerts**

The Morris County Park Commission holds concerts during the summer at different locations throughout the county. Following is their schedule for the remainder of the summer:

- **June 25 Sunday,** 3:00 - 5:00 p.m. Tom Butts (Jazz) Frelinghuysen Arboretum
- **July 19 Wednesday,** 5:00 to 8:30 p.m. Kid's Night Out - Soozaroo Music and Magic Show Lewis Morris County Park, Sunrise Lake
- **July 26 Wednesday,** 5:30 to 9:00 p.m. Reggae Fest - No Discipline & The Verdict Lewis Morris County Park, Sunrise Lake
- **August 16 Wednesday,** 6:00 to 8:00 p.m. Gotham Playboys (Zydeco) Lewis Morris County Park, Sunrise Lake
- **August 20 Sunday,** 3:00 to 5:00 p.m. Party Dolls (60's & 70's music) Frelinghuysen Arboretum

**Project Self-Sufficiency - Seminars, Groups & Workshops SUMMER 2000**

Welcome to Project Self-Sufficiency! Whether you have just joined us or have been involved for years, we
hope our seminars; groups and workshops are what you are looking for to help you achieve self-sufficiency. If you have ideas for additional seminars, groups or workshops, please contact any staff person.
As a PSS participant, you may attend as many seminars, groups and workshops as you like. Some are scheduled for one session, while others meet once a week over a few weeks or months. They are all FREE!! (Excluding computer classes.) Childcare is also available.

TO REGISTER:

1. For seminars, groups and workshops, call PSS at (973) 383-5129. Tell a staff person that you would like to sign up for (name of seminar).
2. For computer training courses you must complete the Computer Training Registration Form enclosed or contact the office to receive a form. The registration form and payment may be mailed or dropped off at the PSS main office. Register early, classes fill up quickly.
3. Ask about childcare arrangements. (Our day care center is available free for participants attending a PSS program.)
4. Mark your calendar.
5. In case of bad weather, listen to WSUS 102.3 FM or WNNJ 103.7 FM.
6. Promise to attend - YOU are worth it - Each step brings you closer to your vision!

Course Title Location Time Day & Dates Held

Career:
"You're Hired" Steps to Hearing Those Magic Words Main Office 9 a.m.-3 p.m. Friday June 16 or Friday August 18
Resume Writing Participants must take "You're Hired" before requesting resume assistance. Contact Eileen Butler for appointment.
Higher Opportunities for Women (HOW) Fall program beginning September 19th. Contact your counselor or Sue Wegmann for details.

Computer Classes:
Basic Keyboarding Main Office 12:30 -2:30 p.m. Wed. Jul 12- Aug 16
Introduction to Personal Computers Career Center 9 a.m.-1 p.m. Sat July 8-Jul 29
Introduction to Personal Computers Career Center 6:30-9 p.m. Tue. Jul 11-Aug 15
Introduction to the Internet Main Office 9 a.m.-1 p.m. Thur. Aug 3- Aug 17
Introduction to Microsoft Word Main Office 9 a.m.-1 p.m. Mon Jun 19-Jul 17Not meeting July 3
Introduction to Microsoft Word Main Office 6:30-9:00 p.m. Thur Jul 13-Aug 17
Introduction to Microsoft Word Main Office 9 a.m.-1 p.m. Sat Jul 8-Jul 29
Advanced Word Main Office 9 a.m.-1 p.m. Mon Jul 31- Aug 14
Introduction to Excel Main Office 9 a.m.-1 p.m. Thur July 6-Jul 27
Introduction to Excel Main Office 9 a.m.-1 p.m. Sat Aug 5- Aug 26
Computer Lab Main Office 6-9 p.m. Open every Tuesday (Excluding Holidays)

Special Interest:
Sussex County Helping Families Initiative Main Office 6:30-8:30 p.m. Wed July 12, 19 & 26
Sussex County Helping Families Initiative Little Sprouts Day Care Cntr Playground 5-8 p.m. Wed Aug 30
Suddenly Single Main Office 6:30-8:30 p.m. Wed Jun 28-Aug 2
Legal Issue Forums Forums on a variety of legal concerns will be offered in the Fall. Open to the general public, these seminars are provided free of charge. Call (973) 383-5129.
Project Self-sufficiency Picnic Thursday, June 29, 2000 from 4:00-8:00 p.m. Hillside Park

Local Events
* Sussex County Farm and Horse Show Starts on Friday, July 28th and runs through August 6th.
* The Matheny School and Hospital is offering a summer series called "WHEELS IN MOTION." Dance classes for people with all types of disabilities. See their flyer regarding the upcoming program.

Home Modification Program for Individuals with Disabilities and Frail Elderly Living in Sussex County
DAWN is pleased to announce that we have received a grant from the county of Sussex to provide home modifications to people with disabilities and the frail elderly living in Sussex County. To qualify for the program you must be at risk of institutionalization if modifications are not done to your home. You must show a medical need for the modification and financial need. The maximum grant is $250 per project. Types of modifications may include ramps and widening of doorways. You must provide three cost estimates of the work to be done. For more information, please contact Roberta Schwartz at (973) 361-5666 or (973) 361-6032 TTY.

MAKE YOUR VOICE HEARD!
If you have a significant health condition or disability, or are deaf; are working and earn $625 per month or more; are 18 years of age or older; became disabled before age 25; and can attend a focus group in Newark, NJ. You may be eligible to participate in a focus group about your employment experiences.
PLEASE CONTACT: The Lewin Group toll-free at (877) 434-1481 (voice) or (877) 522-2882 (TTY) as soon as possible to get your first choice of dates.
For your participation in a 2-3 hour focus group discussion, you will receive a $25 gift certificate plus $10.00 reimbursement for travel expenses. The research team will also provide food and refreshments for the meeting. Focus groups will be held in Newark, NJ the last two weeks of July, 2000. The study is being conducted for the U. S. Department of Health and Human Services by The Lewin Group and Berkeley Policy Associates. We hope to better understand the kinds of services and supports the government can provide to improve employment success of people with disabilities. For more information:
http://www.bpacal.com/emp-sup.html

Project Self-Sufficiency Will Celebrate 14 Years of Participants Accomplishments
Mark your calendar! This coming July PSS turns "14" and we are planning a bug birthday bash picnic for all participants and their children on Thursday, June 29 from 4-8 p.m. at Hillside Park in Andover. Join us for an afternoon of camaraderie and socializing with other PSS participants -- get reacquainted with women you may have met in seminars or computer classes and meet some new friends, too. Hillside Park is located just off the Newton-Sparta Road, approximately 2.5 miles from Newton. Turn right onto Lake Iliff Road at the light at Max's Station House and the Andover Municipal Building. Bear left at the "Y" in the road and the park is approximately 1 mile in on your right. Hillside Park boasts a great playground for the children and a large indoor pavilion so the picnic is on rain or shine. Call your counselor to register or just fill out the registration form and return it to PSS. The food promises to be delicious and we'll have lots of fun and games for the kids -- so we hope you can come!