



Join us for a 2-part series on

## **“EMERGENCY PREPAREDNESS”**

Being prepared is a crucial part of one’s independence and being a good self-advocate. In this series, we will review:

- The difference between natural and man-made emergencies
- How to prepare for an emergency
- What you need to have on hand, both in your home and in a ready-to-go bag
- Learn about some great apps to keep you informed during an emergency, and to keep in touch with loved ones.
- Each attendee will receive a “GO bag” for use during an emergency!



You must be able to attend *both* sessions.

Both sessions are from 4 - 5 p.m.

Please register for the sessions below by September 10:

Tuesday, September 28 - [ELS: Emergency Preparedness Part 1](#)

Thursday, September 30 - [ELS: Emergency Preparedness Part 2](#)

If an accommodation is needed, please call the office 2 weeks prior to event at  
973-625-1940.