

Caregiver Connection and Support Program



As a caregiver, we rely on the support of other caregivers to:

- ◇ help us learn how to navigate a complex system,
- ◇ share our stories, and
- ◇ discuss our challenges

Caregiving is a lifelong journey that no one understands unless they have experienced it. This program offers education, support and socialization for caregivers who are caring for a loved one with a disability.

There is a focus on those caring for a loved one with a developmental disability, but all are welcome.

We hope you will consider joining us.

June Education and Networking Sessions

Networking Session—Wellness Activity

Join us for our informal support group for caregivers. Talk with other caregivers, discuss your journey, the challenges encountered, and learn from each other all while engaged in a fun craft activity. This is a time for you, the caregiver, to discuss anything you like.

Facilitated by: Jessica Hannah, DAWN Center for Independent Living
Supplies will be provided by DAWN; additional details are in this form

Tuesday, June 14, 2022
7:00 pm—8:30 pm

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZAKcuyugDguEtW9ydACXnXpHd_12FmB8W6q

After registering, you will be contacted by a member of the DAWN team to gather demographic information prior to receiving a confirmation email containing the meeting link.



Caregiver Education Sessions

**A special note regarding the educational sessions **

We have some wonderful programming lined up for June and would love to have you join us for our Zoom sessions if you are available. However, we understand how busy the summer months become! If the educational topics below are of interest to you but you have a scheduling conflict, please still register for the session. We will send you the recording of the presentation and any supplemental materials so you do not miss getting the information you need.

DDD Services: Daily Programming and Support

Presented by Theresa Santana, Division of Developmental Disabilities

This presentation will provide detailed information about all of the services available through DDD, as well as guidance related to how to determine which services may be best suited for the individual seeking them. Topics of this presentation will include:

- ◆ An overview of the different DDD Services
- ◆ How to determine which services to pursue
- ◆ Question and Answer

Thursday, June 16, 2022
12:00 pm - 1:30 pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZwvdeCsqj8pHtDw-4-b0ZU- DHWm9DNv2ms>

DDD Services: Evening Viewing of the Presentation

We will also be holding an evening event to share the recording of Theresa Santana's presentation for those not available to join us for the "Lunch & Learn" session at noon. After watching the recording, participants will still have an opportunity for Q&A. Any questions will be shared with Theresa Santana and responses will be provided.

Thursday, June 16, 2022
7pm - 8:30pm

Register in advance for this meeting.

https://us02web.zoom.us/meeting/register/tZ0pfuygrTwsHt0u_w-ugLL9yuwVEUE73rL

After registering, you will be contacted by a member of the DAWN team to gather demographic information prior to receiving a confirmation email containing the meeting link.

Self - Directed Services & the Role of the Support Brokerage

Presented by Patricia Brennan, Department of Human Services

Patricia Brennan's presentation will explain how self directed services work, and the role that support brokers play in bringing them to fruition. This session will provide:

- ◆ An introduction to Self Directed Services, and how self directed services allow for greater personalization of programming
- ◆ The role a support broker plays in helping an individual find, set up, and manage the desired services
- ◆ Question & Answer

Tuesday, June 21, 2022
7:00 pm—8:30 pm

Register in advance for this meeting.

https://us02web.zoom.us/meeting/register/tZ0lcOqrzovGdx_Ty4YuqFGsbYyVewewu1C

After registering, you will be contacted by a member of the DAWN team to gather demographic information prior to receiving a confirmation email containing the meeting link.



Networking Session— Caregiver Support Group

Join us for our facilitated support group for caregivers. This month will be an "open topic" session. Share whatever is on your mind and bring any questions or concerns you have to the group. This is a time for you, the caregiver, to talk with other caregivers to receive support and learn from one another. **The Caregiver Support Group sessions are intended only for caregivers.**

Facilitated by: Carmela Slivinski, Executive Director of DAWN Center for Independent Living and Julie Ferguson, Caregiver Support Coordinator

* Please note: this session is for providing connection and support, not legal or professional recommendations.

Thursday, June 23, 2022
7:00 pm—8:00 pm

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZ0ucOuopz8oHNJp2LJpa9hoGSZUlwjoiqu5A>

After registering, you will be contacted by a member of the DAWN team to gather demographic information prior to receiving a confirmation email containing the meeting link.



Please contact Julie Ferguson at 973-625-1940 X 102 for further information.

This program is supported by Morris County Office on Aging, Disabilities, and Community Programming.