As a caregiver, we rely on the support of other caregivers to:
- help us learn how to navigate a complex system,
- share our stories, and
- discuss our challenges

Caregiving is a lifelong journey that no one understands unless they have experienced it. This program offers education, support and socialization for caregivers who are caring for a loved one with a disability.

There is a focus on those caring for a loved one with a developmental disability, but all are welcome. We hope you will consider joining us.

June Education and Networking Sessions

Networking Session—Wellness Activity
Join us for our informal support group for caregivers. Talk with other caregivers, discuss your journey, the challenges encountered, and form each other all while engaged in a fun craft activity. This is a time for you, the caregiver, to discuss anything you like.

Facilitated by: Jessica Hannah, DAWN Center for Independent Living
Supplies will be provided by DAWN; additional details are in this form

Presented by Patricia Brennan, Department of Human Services

DDD Services: Daily Programming and Support
Presented by Theresa Santana, Division of Developmental Disabilities

This presentation will provide detailed information about all of the services available through DDD, as well as guidance related to how to determine which services may be best suited for the individual.

Please contact Julie Ferguson at 973-625-1940 for further information.

DDD Services: Evening Viewing of the Presentation
We will also be holding an evening event to share the recording of Theresa Santana’s presentation for those not available to join us for the June 16 session at noon. After watching the recording, participants will still have an opportunity for Q&A. Any questions will be shared with Theresa Santana and responses will be provided.

Thursday, June 16, 2022
7pm — 8:30pm
Register in advance for this meeting.
https://us02web.zoom.us/meeting/register/tZ0pfuygrTwsHt0u__w

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Networking Session – Caregiver Support Group
Join us for our facilitated support group for caregivers. This month will be an “open topic” session. Share whatever is on your mind and bring any questions or concerns you have to the group. This is a time for you, the caregiver, to talk with other caregivers for support and learn from others.

Facilitated by: Carmela Slivinski, Executive Director of DAWN Center for Independent Living and Julie Ferguson, Caregiver Support Coordinator
* Please note: this session is for providing connection and support, not legal or professional recommendations.

Thursday, June 23, 2022
7:00 pm — 8:00 pm
Register in advance for this meeting. Please contact Julie Ferguson at 973-625-1940 for further information.

This program is supported by Morris County Office on Aging, Disabilities, and Community Programming.